

Bal Bharati Public School, GRH Marg

# SAGARIKA NEWSLINE

MIDDLE DEPARTMENT



## EDITORIAL

**“Education needs inspiration, not just information. Only inspired human beings can transform their own lives and lives around them.”-Sadhguru**



**Ms. Nita Nijhara**  
**Headmistress**

Dear Parents and students

As we embark on yet another transformative journey this new session, let us join hands to strengthen the bond of trust and camaraderie amongst us. The school has always strived to offer new avenues to its students which in turn would boost their self-confidence and foster partnership. In this newsletter, you will read about the diverse ways through which we have tried to nurture the inherent potential of our students and encourage each and every one of them to thrive as compassionate, innovative and responsible global citizens. Our new initiative of organizing the Annual Class Cultural Presentations was a roaring success. It brought together learners of different interests and facilitated collaboration, critical thinking, interpersonal communication and teamwork. The mass participation that was witnessed is a testament to the fact that it generated much interest among the students and parents. We celebrated the success stories of our budding learners, orators, artistes, anchors, singers, artists, change makers and lauded the collective efforts. It served as an efficacious platform for the students to acquire new skills and hone their competencies. This is a journey of a thousand steps and this year's ACCP was the first. The multifarious activities that are organized by various clubs also aim at achieving the above goal. They are designed to offer variety and generate interest in learning through a fun-filled method. The Reading Programme has stirred the young learners to turn into voracious readers. It has successfully built and sustained a reading culture, broadened the breadth of students' vocabulary, stimulated their imagination and inculcated a love for reading among them. The initiative had a wide reach as the teachers, parents and the students took to reading actively. The session commenced with welcoming the students at the beginning of the session in the Satrarambh Ceremony. The outgoing batch was awarded for their meritorious performance in the PTA Award Ceremony. Pulse 2023 was organized circumscribing the emotion of oneness, mutual faith and brotherhood. International Yoga Day synchronized meditation and a remarkable display of yoga asanas and breathing techniques. Morning Assemblies strengthened the school spirit and nurtured a proplanet approach in all, Tours and Excursions exposed the students to new environments and provided hands-on learning, Community Outreach Programmes and Awareness Campaigns enabled students experience empathy, develop social skills, and learn about their community. All these endeavours served to build the school community as a cohesive whole. The School has always provided personalized attention and has helped students to grow together and work in unison. We have always envisioned an environment where our students are encouraged to come forward and make the most of the opportunities provided to them. We completely believe that through the all inclusive learning plan at school, eventually all the students will become meticulous, independent, innovative and creative in spirit. They will surely create the blueprint of their bright future ahead. We wish great success to the architects of future India!

Regards

Nita Nijhara

Headmistress

# ACHIEVEMENTS GALORE



## School's Achievements

### SOF LETTER OF APPRECIATION

The Principal has been honored with a Letter of Appreciation by Science Olympiad Foundation in recognition of his leadership and academic initiatives in organizing competitive exams in the school.



### WORDLY WISDOM

An article on 'Importance of Outdoor Education', written by Ms. Nita Nijhara, Headmistress, was published by a renowned magazine 'Scoonews'. It highlighted the importance of bringing the teachers together and encouraging them to raise their opinion on contemporary issues in education.



# ACHIEVEMENTS GALORE



## CAREERS360 RANKING

In the highly esteemed CAREERS360 India's Best Schools 2023 evaluation, we have been awarded the prestigious AAAA+ grade under the Day School Category for the academic year 2022-23. This significant achievement reflects our resolute commitment to academic excellence, brilliant faculty, and state-of-the-art infrastructure.



# ACHIEVEMENTS

## GALORE

### Student's Achievements

#### ASTOUNDING ACHIEVER: ATHARVA

#### ALL INDIA POSTER MAKING COMPETITION

All India Essay and Poster Making Competition, 'Khana Khazana: My Food Heritage' was organized by the Heritage Education and Service Division of INTACH. Atharva Keswani (VIII E) emerged as one of the National achievers for his artistic contribution 'Sil Batta' representing the heritage of the capital of our nation.



#### KAMP ACHIEVER

Atharva Keswani (VIII E) emerged as the District Topper in the KAMP NASTA 2022 (National Assessment of Scientific Temperament and Aptitude)



# ACHIEVEMENTS

## GALORE



### YOUNG STELLAR : NITYA

Nitya Devgan (VII E) received the First Prize in the Junior Category- Placard Making Competition on the occasion of World No Tobacco Day 2023, out of 22 schools competing at this level. She was felicitated by the eminent members of the Indian Cancer Society at Shiv Nadar School, Gurugram on 2 May 2023. She is awarded with a Certificate and a cash prize of Rs 2500.



### MANAV KALAKRITI INTER SCHOOL 'ON THE SPOT' PAINTING COMPETITION

Our young artists brought laurels to the school and made us all proud of their achievements. Avni Jain (VIII B) secured the First position and Lakshay Gupta (VIII A) secured the Third position in the event held on 20 April 2023 in Delhi.



# ACHIEVEMENTS

## GALORE



### PERSISTENT PRISHITA

#### WESTERN ASIA YOUTH CHESS CHAMPIONSHIP 2023

Prishita Gupta (VII D) represented India in Western Asia Youth Chess Championship held at Kyrgyzstan. She made the school proud by securing a Bronze medal in Classical and won the WCM title. She even received a Silver Medal in Blitz in the U-12 Girls category.



#### JOYOUS DELHI STATE CHESS CHAMPIONSHIP 2023

She played in the U-13 Girls category brilliantly and secured the Second position in the Championship held in Delhi.

#### 14th KIIT INTERNATIONAL CHESS FESTIVAL 2023

She has played splendidly in 14th KIIT International Chess Festival 2023 Category(A). She defeated Woman Fide Master (WFM) of Indonesia in the Chess Festival. She increased her Elo rating by 108 points and reached 1599 rating.



# ACHIEVEMENTS

## GALORE

### PROGRESSIVE FACULTY

#### GOOGLE EDUCATOR

**Sandhya Thapar (TGT Mathematics)** successfully completed and cleared the Google Level 1 Educator Exam for having demonstrated knowledge, skills and basic competencies needed to use Google for educational tools. They undertook the sessions from Udeemy Academy and implemented the new skills gained in their classroom teaching.



#### PHUKET PATONG MASTER INTERNATIONAL GAMES

**Anil Jain (Asst Teacher, PET)** represented Delhi while participating in the Phuket Patong Master International Games 2023 in Thailand and successfully reached the semi-finals.







# INTER-CLASS BASKETBALL COMPETITION

The Interclass Basketball Competition was held in the Basketball Court for girls and boys of Classes VII and VIII from 17 to 20 April, 2023. The students of the Middle Department seized the opportunity and gave their best to win the competitions.

Date	Category	Result
17-04-23	8th Boys	1ST 8F 2ND 8B
18-04-23	8th Girls	1ST 8B 2ND 8F 3RD 8C
19-04-23	7th Boys	1ST 7H 2ND 7A 3RD 7D
20-04-23	7th Girls	1ST 7A 2ND 7B 3RD 7H





# NEW INITIATIVES



## ANNUAL CLASS CULTURAL PRESENTATIONS

The School took the unique initiative to organise class-wise annual day programmes, Annual Class Cultural Presentations (ACCP) in the month of April. The aim was to maximise student participation in this much-awaited grand annual event. Committed to facilitating holistic education, the initiative provided yet another opportunity to discover and showcase the talents of our individual learners. Additionally, it provided greater scope for reinforcing skills, such as collaboration, critical thinking, communication etc. besides promoting experiential learning. Almost all students of Classes VI- VIII participated in the events from planning, preparation of props, invitations, decoration of the premises to the final presentation of the different cultural events. The mega event was a beautiful spectacle of Drama, Dance, Vocal and Instrumental Music showcasing different facets of politics over the ages, thoughtful parables and awakening realities of life. The special guests in their address also praised the efforts of the faculty and students. During the celebrations academic achievers of the session 2022-23 were awarded for their exemplary performance in scholastic as well as co-scholastic areas. The event was a huge success and was instrumental in instilling value for life lessons, fellowship and accountability in all.



# SAFARNAMA GLIMPSES FROM OUR ACCP CLASS VIII



AWARDS AND HONOURS

## CULTURAL PRESENTATIONS





# GLIMPSES FROM OUR ACCP

LITERARY  
JUNCTION

CLASS VII



## CULTURAL PRESENTATIONS





# TECH EXHIBITION

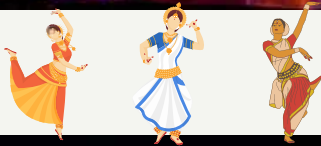
# GLIMPSES FROM OUR ACCP



# CLASS VI



# CULTURAL PRESENTATIONS





# NEW INITIATIVES



## READING PROGRAMME

Reading is the foundation of learning. The School has drawn the focus of all its stakeholders in this session 2023-24, to its recently launched Reading Programme. This five-year reading programme will surely have a long-lasting impact on all the young readers. Our task focuses on the need to create an enabling environment in which students read for pleasure and develop their skills through a process that is enjoyable and sustainable. To promote a reading culture in the school, numerous steps were taken. The first step towards fostering a culture of reading started by sharing a letter with the parents with details about the programme. A well-curated summer reading list was formulated, keeping in mind the age group of diverse students, that is for Classes VI-VIII. An array of activities were undertaken during the summer break and in daily routine. Additional book reading was recommended before summer break and parents were involved for the same. Students actively participated in Discussion Time about the books they read, Read Aloud sessions, book reviews during school assemblies, reading aloud newspapers or textual material. Students were also motivated to share their reflections with their peers allowing them to discover new authors and genres. This programme mainly aims at developing a reading routine during and after school, with promising parental support. This progressive initiative will surely open vistas of newer learning zones for our ignited minds.



# NEW INITIATIVES



## EMBIBE

BBPS partnered with Embibe for their AI-Powered Personalised and Adaptive Learning Outcomes Platform for Teachers and Students of Classes VI-VIII. Embibe platform provides the world best 3D immersive content, practice papers for competitive exams, modules for teachers, access to parents etc. An adaptive practice framework further strengthens by personalising practice paths for each student. It provides tests that cater to every stage in the life cycle of a student's preparation. In addition, students and teachers get detailed test feedback that identifies their academic and behavioural gaps.



## TURNING THE TABLE

Turning the Table is an initiative by the Headmistress, who provides unique opportunities to talented students for their all-round development. The first ever workshop by a student for the students was conducted under the supervision of Ms. Bhawna Garg, Class teacher of VIII A in the zero period on 27 April 2023. Rishhik Mohan (VII A) who is adept in paper craft turned the tables and guided the students of VIII A to make paper flowers. All the students participated in the workshop zealously and proudly showcased their creations.



# NEW INITIATIVES



## HANSDHWANI

The CES Newsletter, “Hansdhwani” summarizes the ethos and values espoused by the Child Education Society. The newsletter acknowledged the astonishing array of the school’s collaborative achievements, Future trends, global developments, ground-breaking ideas, challenges and opportunities in the first edition.

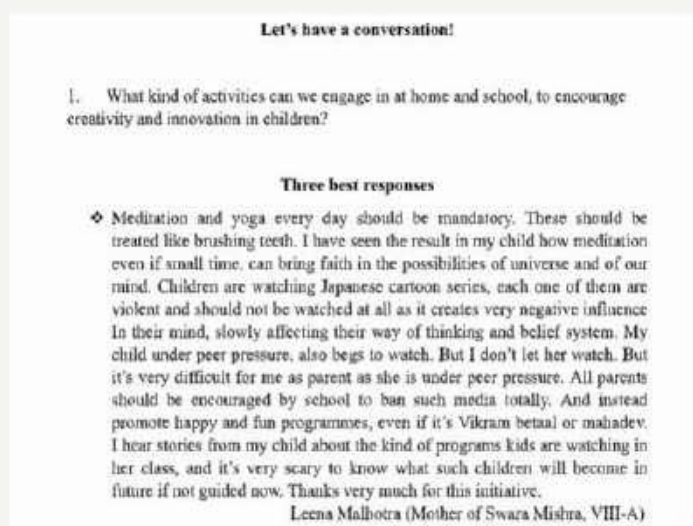
The second edition was released for April-June 2023 which highlighted the endeavours of our school as the oldest core school supporting the spread of quality education in our vicinity and across remote locations.

The school has been lauded for its holistic excellence, progressive vision and prowess in diverse domains.



## LET'S HAVE A CONVERSATION

"Let's Have a Conversation” is an initiative by Branding Committee of CES, that has been conceptualized to provide an avenue to parents to share their views and perspectives on pertinent topics to promote the well-being of students. Parents of the school collaborated and provided valuable feedback on the student centric issues. This kind of parental involvement is progressive, and the platform featured thought- provoking responses in the series.





# NEW INITIATIVES



## INTRODUCTION OF THE PREFECTORIAL BOARD MEMBERS CLASS VIII

The names of the members of the Prefectorial Board, Middle Department, were announced in the morning assembly conducted on 10 April 2023. The student council was introduced in the assembly by the Proctorial Board Member Ms Anju Arora in the presence of Principal L V Sehgal and Headmistress Nita Nijhara. The office bearers promised to fulfil all their duties sincerely and diligently.



## APPOINTMENT OF COUNSELLOR FOR MIDDLE DEPARTMENT



The school, besides the family, is a major influence in a student's personal and social development. The school has appointed **Ms Sabhyata Chowdhary**, an expert Counsellor for the Middle Department, whose presence will help us create an environment that is secure, caring and nurturing. She will provide continuous support and guidance to all the stakeholders, with her sincerity and empathy towards our students. We welcome her aboard! We look forward to establish a strong and committed bond of trust.



# NEW INITIATIVES



## SKILL DEVELOPMENT - RESPONDING TO THE FUTURE

Skill Development establishes a strong foundation of expertise and competencies which prepares one for a thriving future. We at school support and conduct activities that strengthen Skill Development. It is highly required to unveil the latent talents and also up skill oneself in accordance with dynamic changes. Keeping in mind the all- inclusive ideology of education, we introduced **Travel and Tourism and Coding** as Skill Subjects as per the CBSE Guidelines for the students of Classes VI and VII. Students were acquainted with multitudinous reasons for learning tourism and its contemporary relevance. Coding fosters computational thinking among students and the school delightfully announced the launch of Coding as a skill subject for the students of Class VII. The students will undergo 12 hours of free and compulsory training to build their coding skills using various platforms. It is a pathway to become a balanced learner with skills of creativity, logical thinking, computing, resilience, social adjustments etc.



**TRAVEL AND TOURISM**

**CODING**



# CBSSE and DoE Initiatives



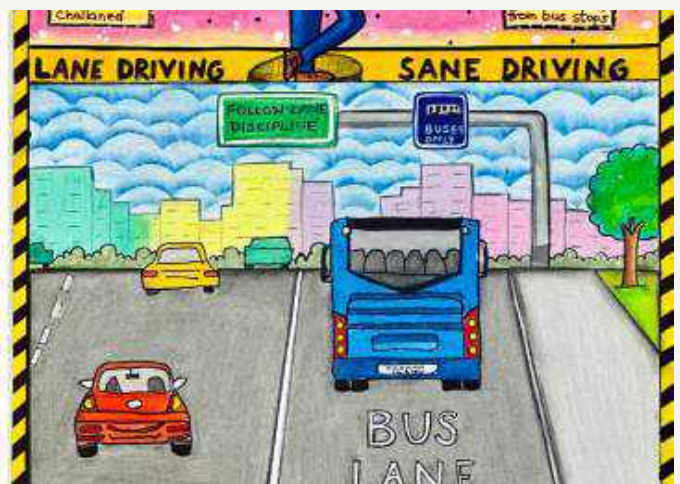
## SHRAMDAAN HOUR

As per the suggestion of the Directorate of Education, the Middle Department of the school organised a cleanliness drive under the observance of 'Shramdaan Hour' on 27 April 2023. The aim of this activity was to create awareness about cleanliness and green environment. It was an effort to engage the young minds in the cleanliness of public places and their surroundings.



## CELEBRATION OF ROAD SAFETY WEEK

As per the DoE guidelines, Road Safety Week was celebrated from 15 to 21 May 2023 in the school. Students participated in various activities ranging from Essay Writing, Slogan Making, Poster Making Competition etc. The event served as a reminder to all participants about the importance of following traffic rules, promoting safe driving habits and respecting pedestrian rights.





# TOURS AND VISITS



## FOREST DAY CELEBRATIONS

As part of the Forest Day celebrations, Ms Jyotsna Gulati and Ms Vitasta Dutta attended an event organized by the Department of Environment Forest (DoE), Government of NCT of Delhi (GNCTD) celebrated International Forest Day at Yamuna flood plains near the Garhi Mandu City Forest. The event was graced by dignitaries like the hon Minister for Environment and Climate Change Shri Bhupender Yadav, the Lieutenant Governor of Delhi Shri Vinay Kumar Saxena and Sri Manoj Tiwari ji.



## I LOVE YAMUNA CAMPAIGN

Ms Shreya Satija, Ms Sanchi Nayyar and Mishika Gupta (VIII G) and Labdhi (X B) visited the Chhat Puja Ghat, Yamuna Bank to participate in the 'I Love Yamuna Campaign' organized by the Delhi government. The campaign flagged off by Minister Gopal Rai, emphasized on conservation of nature, clean water and reducing plastic usage.



# TOURS AND VISITS



## VISIT TO BAL BHARATI ACTIVITY CENTER, SOLAN

The trips to Solan are instances of experiential learning, wherein students learn to live together in a group, follow a structured daily routine, and act in an orderly and disciplined manner. The adventure activities and sports, as well as the early morning trek add the fun element, exposing students to the beauty of the hill station. Overall, valuable learning resumes and orient young learners for the future. Batch 14, Boys of Class VIII visited Bal Bharati Activity Centre, Solan for training in leadership skills and adventure





# SCHOOL FUNCTIONS

## SATRARAMBH CEREMONY

We welcomed the new academic session 2023-24 with sincere prayers. The Satrarambh Ceremony commenced on 3 April 2023 in the school. The school choir presented soul-touching hymns which oriented all to seek divine grace with gratitude. Our journey of learning began with recitation of the pious Gurbani along with lighting of the ceremonial lamp. The auspicious occasion was graced by the Principal, Vice-Principal, Headmistresses, Chief Coordinator, Class Coordinators, and members of the Students' Council. Manglacharan, a spiritual prayer that radiated positive energy was also sung. Dr Virender Kumar explained the significance of 'Satrarambh'. This was followed by the Havan Ceremony performed by Pandit Lalit Narayan Jha. All sought blessings of Goddess Saraswati for the new session. The programme concluded with distribution of prasad followed by melodious bhajans.



# SCHOOL FUNCTIONS

## SUMMER CAMP

Summer Camp was a unique learning journey, organized in the department from 22 May to 09 June 2023 for the students of Classes VI to VIII. The camp included 11 spectacular curated activities namely English Conversation, Art and Craft, Dance, Chess, Football, Basketball, Badminton, Physical Fitness and Athletics, Yoga and Meditation, Instrumental Music and Skating. English Conversation classes equipped and captured the attention of the young seekers with hours of discussions and debates while in Art and Craft, they learnt to create innovative designs through environmental-friendly material: Dance came out to be a popular choice as students expressed themselves through gestures and movements while the Game of Chess equipped budding chess players with different methodologies. Students benefited the most while grasping different tips and tricks through practice and hands-on learning experience in Athletics, Badminton, Skating, Yoga etc. They participated earnestly in the miraculous activities and fitness-related exercises along with Instrumental Music sessions where different instruments were being taught from scratch to perfection. The Summer Camp for the session 2023-24 culminated with loads of fun activities, distribution of sweets and reminiscing the three-week long sojourn overflowing with determination, self-worth and confidence.



# SCHOOL FUNCTIONS

## PTA AWARD CEREMONY

Education is the most powerful tool which can be used to change the world. It is a lifelong success and plays an important role in the development and progress of the individual. To honour the meritorious students who worked round the year towards improving their knowledge, skills and developing their personality, the school organised the PTA Academic Achievement Award Ceremony for the session 2022-23. The aim of the ceremony was to laud the scholastic achievers of Classes VI-VIII for their astounding performance in the session. All-rounders were awarded with a certificate, scholar badge and a set of books sponsored by the PTA as a token of appreciation. The Activity Toppers who excelled in various co-scholastic activities throughout the year were felicitated too with a certificate and a set of books sponsored by the PTA. The Principal extended his wishes to all the achievers and encouraged the students to be persistent in their endeavours to achieve their set goals.





# SCHOOL FUNCTIONS

## PULSE

In coherence with the theme of this year's G20 Summit 'VASUDHAIVA KUTUMBAKAM- One Earth. One Family. One Future', the school proudly organised its 20th inter school mega event PULSE 2023 from 10 to 12 May 2023 justifying the theme by envisioning and organizing all its activities circumscribing the emotion of oneness, mutual faith and brotherhood. 39 schools across the city and national capital region participated in the mega event. The organization of the event was a step towards bridging the gaps and walking towards an optimistic future which will enable us to survive the crucial junctures of life. Keeping in with the spirit, all the schools put forth the best of their talent in a plethora of activities organised, both in offline and online mode, in the three days event, like Loktarang, Folk To Future, Swarnim Bharat, Mukha Mukham, The Economics Roundtable, Colours of Hope and Harmony, Tete-a-Tete with a Scientist, Kalamkari on Umbrella, Creative Sculpture, Abhinay-Nukkad Natak, Crafters- Paper Bag Decorators, Creative Carats (Specially for CWSN) etc. The Best School Award was secured by Sri Venkateshwar International School.



May  
10



May  
11



May  
12





# SCHOOL FUNCTIONS

## INTERNATIONAL YOGA DAY

Yoga is the gateway to happiness that humans need in daily life. Diverse activities were held in the School as part of the 9<sup>th</sup> International Yoga Day celebrations commencing from 1 May to 21 June. Yogakriti, Amulya -Enlightening Within, Rani Lakshmi Bai The Warrior, Storytelling Through Yoga and Yoga Quiz, were the preceding activities held in the school showcasing the universal theme, 'Yoga for Vasudhaiva Kutumbakam'. The 9<sup>th</sup> International Yoga Day celebrated on 21 June was the culmination of activities undertaken in the school. Adhering to the common Yoga protocol given by the Ministry of Ayush, Yoga for Vasudhaiva Kutumbkam and Har Aangan Yoga based activities were organised in the school. More than 120 people, school students, NCC Cadets, staff members, the National team of Basketball and students from all over Delhi joined us in the celebration. The day concluded with synchronized meditation and a remarkable display of yoga asanas and breathing techniques. Students, parents and teachers - all took part in this unifying effort and regained their sense of control. The mega event successfully raised awareness on maintaining a sound mind, healthy body and a peaceful life.





# IMPORTANT EVENTS

## MEDICAL CHECKUP

Regular health check-ups are important for monitoring students' health. These allow early detection of potential health problems in students. We at school are cognizant of getting our students examined by qualified doctors. The Annual Medical Camp was organised in the month of April in the school. A general check-up for students of Classes VI to VIII was carried out. A team of expert doctors and medical practitioners examined students for a complete health checkup. The experts also gave their valuable feedback and counselling to the students related to exercises and dietary guidelines.

## FUN FIESTA

The utopian initiative is entitled as 'Fun Fiesta 2022-23' which included co scholastic activities held from 13 March 2023, wherein the students learnt various skills. They learnt about paper craft activities along with skill-based training of making toys, puppets and educational games etc. They even experienced the power of guided meditations and nature walks to realize the quintessential presence of mental as well as physical health for an overall personality development.



## ASSESSMENT FOR ENHANCED LEARNING

The school provides quality education and ensures holistic development of all its stakeholders. We understand that early identification of the academic gaps to be filled in at the right age and time using the relevant and age-appropriate remedial measures is of great importance. This is vital for a smooth transition from the Middle to the Senior Department. Keeping this aspect in view Concept Based Assessment was done for Classes VI in Mathematics and English. The test for Mathematics was held on 25 April 2023 and the test for English was conducted on 28 April 2023.

# IMPORTANT EVENTS

## DISPLAY BOARD COMPETITION

In accord with the expectation that India's G20 Presidency should touch every student across the country as well as in our school, our Interact Club 'परमार्थ' organised an innovative initiative 'Display Board Competition' themed around 'Vasudhaiv Kutumbhkaam'. The competition was announced in the month of April. The class groups got ample time to tap their creative instincts and decorate their class display boards appealingly. The competition was adjudged on 16th May 2023 by Ms. Satwinder Kaur, Art Teacher, Primary Department and Ms. Rajni Rathore, Interact Club Member. The parameters for the judgement were Content, Relevance to the Theme and Overall Presentation.

CLASS GROUP	CLASS & SECTION	POSITION
VI	VI G	I
	VI H, VI B	II
	VI A, VI E	III
VII	VII G	I
	VII C, VII E	II
	VII A	III
VIII	VIII B	I
	VIII C	II
	VIII F, VIII G	III





# MORNING ASSEMBLIES

Special assemblies become significant in learners' journey of learning, as major national and international events and their celebrations in the school sensitize and enrich students for the present as well for future. Many theme-based assemblies were organized which strengthened the school spirit and nurtured a proplanet approach in all.



## HOUSE MEETING

The first House Meeting for the Session 2023-24 for the students of Classes VI to VIII was held on 18 April 2023. The students of Class VI were introduced to their new House Masters and the academic activities on the theme of the year: G20-ONE EARTH ONE FAMILY ONE FUTURE, were discussed. The House Masters and rest of the students of VI and VII together elected the House Captain and Vice House Captain for the session. The teacher in charge identified and made lists of students as per their areas of interests and flair like: Art, Dance, Music, Yoga, Oratory skills, Computer skills, Quizzing skills etc. All the students were oriente to utilize their talent and give their best in the inter house activities.



## NCC SELECTION

The selection process of NCC Cadets for the session 2023-24 was conducted in the school playground for girls and boys respectively. Twenty-five girls out of 51 and 50 boys out of 92 enthusiasts were selected after a rigorous procedure of fitness tests and personal interviews. The selection committee comprised of C/T Dr. Virender Kumar, T/O Rajni Rathore and C/T Mr. Sunil Kumar. As of date, we have 100 boys and 50 girls enrolled in NCC.





# CLUBS

## HORTICULTURE CLUB



### POT PAINTING

With a vision to widen the horizon of our budding painters, a Pot Painting activity was held on 3 April 2023 by the Club wherein students explored Zentangle, an American art form. They used Mirror art which carry innumerable symbolic connotations. Students of Classes VII and VIII designed twenty pots using Zentangle Art and Kutch Mirror. These beautiful pots displaying the skill of our students were exhibited outside the auditorium during Annual Class Cultural Presentation-VIII.



### RAISING HERBS

On the occasion of Van Mahotsav week, the Horticulture Club took an initiative to bring and adopt herbs of Holy Basil, Curry Leaves and Aloe Vera. 110 Students participated enthusiastically by adopting herbs on 3 and 4 July 2023. They were encouraged to take consistent care of saplings by watering them on a regular basis in school premises for 1 month.



# CLUBS

## ENVIRONMENT CLUB

### BEST OUT OF WASTE

Environment club conducted “Best out of waste activity” in the month of June for the students of Classes VI -VIII. The students were encouraged to use their artistic skills and creative capabilities to make the best of the varied waste materials available around them. A padlet was created with the objective of curating a virtual gallery displaying all the work done by the participants.



### CLEANING OF PRASAD NAGAR LAKE

The students of Environment Club, Middle Department participated in an initiative to clean Prasad Nagar Lake on March 24, 2023. The highlight of the exercise was the participation of the local community around Prasad Nagar Lake who also joined the activity and encouraged the students in their efforts.





# CLUBS

## HARYALI VAN MAHOTSAV

To mark the annual celebration of Van Mahotsav, the Environment Club along with the Horticulture Club commenced the event on 6 July 2023 in gracious presence of our revered Headmistress Ms Nita Nijhara, who planted saplings of Curry Leaf and Aloe Vera. A beautiful poem was recited followed by the Pledge taken, by the students, to take care of the 40 adopted plants in the assembly ground.



## ADOPTING SHRUBS

The students from Classes VI-VIII adopted 40 Sadabahar shrubs, to plant and take care. These were planted on 6th July 2023 as a part of Van Mahotsav celebration. They highlighted the importance of planting shrubs and took a pledge to take care of the adopted plant.



# CLUBS

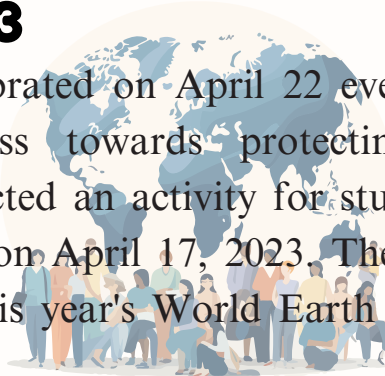
## NUKKAD NATAK

A group of students of the Environment Club performed a street play on the importance of keeping the society clean on 26 April 2023. The presentation was staged on the assembly stage as a part of the weekly assembly of the Middle Department.



## CAMPAIGN TO CELEBRATE WORLD EARTH DAY 2023

World Earth Day is celebrated on April 22 every year. It is celebrated to increase public awareness towards protecting the environment. The Environment Club conducted an activity for students of Classes VI-VIII in the zero and first period on April 17, 2023. The students created enriching slogans and posters on this year's World Earth Day Theme- 'Invest in Our Planet'.



## CELEBRATING WORLD ENVIRONMENT DAY

With the theme of 'Beat the Plastic Pollution', 50th World Environment Day was celebrated at Thyagaraj Stadium on 5 June 2023 in the presence of Honorable Chief Minister Arvind Kejriwal along with the respected Minister for Environment, Forest and Wildlife. More than 2500 participants attended the event and each student received a sapling in the end as a memento. Ms V R Geetha along with Vishak Rajendran (XI-A) and Samaira Nagpal (VII G) represented our school in the event.





# CLUBS

## TECH CLUB

Tech Club shared an activity to create an e- poster on the G20 theme of One Earth, One Family, One Future / Vasudhaiva Kutumbakam. Students were also required to give a suitable one-line title on the poster explaining the poster. Students were free to choose any application among Canva, MS Publisher, MS Word and MS PowerPoint. Out of 50 exceptional entries, Sanvee Seth (VIII E), Dhritil Thapar (VI H) and Sana Ajmani (VIII E) secured the First, Second and Third positions respectively.



Tech club pushed students of Middle Department to wear their creative caps and dive into the amazing world of comics as writers. Students were asked to create a Comic story on different situations. 30 entries were submitted and appreciated through Certificates.

## HERITAGE CLUB

The club organized “Logo Designing Activity” for the students of the Middle Department in the month of April 2023 with an objective to make them aware of the G20 Summit being held in India. The children were instructed to choose a paper bag and design the existing logo on one side and their own vision of the logo on the other side. Out of 50 best entries, 6 students were awarded the Commendation Certificates.



# CLUBS

## HEALTH, WELLNESS AND SAFETY CLUB

With an objective to promote good health and well-being, an online activity 'Safety of Personage for Better Earth' was organized by the club for the students of classes VI-VIII in April 2023. Class VI was instructed to prepare a video showcasing different yoga asanas along with their family members, Class VII prepared short skits on importance of personal hygiene and Class VIII shared motivational videos performing aerobics.

## ROAD SAFETY CLUB

“An ounce of prevention is worth a pound of cure” - **Benjamin Franklin**

The club organized its first activity in the form of an online quiz for the Middle Department on 2 May 2023 with the aim of to check general awareness about road safety among the members of the club and present an exciting scope for their learning. The quiz consisted of 20 questions related to traffic rules, road signs etc and was conducted through Google Classroom. 380 responses were received out of which the top 10 were awarded Certificates of Merit.





# CLUBS

## VERNACULAR CLUB

The Vernacular Club conducted its first activity based on the theme of वसुधैव कुटुंबकम- One Earth, One Family, One future. It was a Power Point Presentation Making activity in which students, from classes VI-VIII, were supposed to create presentations of 8-10 slides, based on the above theme.

## LITERARY CLUB

The Literary Club organized a Power Point Presentation Activity, 'Vasudhaiva Kutumbakam' for the students of Class VIII on 18 May 2023. The aim of the project was to bring diversity on a common platform and enable tech learners to celebrate unity.



## ECO-FRIENDLY BOOKLETS

The Literary Club of the Middle Department organized an activity for the students of Classes VI-VIII on 27 April 2023. Students composed eco-friendly booklets about the eminent leaders of G20.



# LIBRARY

## ACTIVITIES



The first library activity of the session 'Know Your Library' was organized for the young learners of Classes VI - VIII in the month of April and May 2023. Influenced with the enriching information, they created informative checklists of the available resources and presented them beautifully.





# WORKSHOPS

<b>Name of the Workshop</b>	<b>Date</b>	<b>Conducted by</b>	<b>Attended by</b>
Edtech dor English-showcasing partnerships of the Digital Learning Innovation Fund	18-03-2023	British Council	Ms. Sukriti Sehgal Ms. Akshim Sethi
Heritage awareness and Capacity building workshop	18-04-2023	INTACH	Ms. Alka Nagpal
New ways of dealing with behavioral problem with children	5-5-23 to 6-5-23	The North Cap University, School of Management	Ms. Lakshita Sharma
Faculty Leadership Programme	23-5-23 to 25-5-23	CES	Ms. Nidhi Bajaj Ms. Sonia Sharma Ms. Sandhya Thapar Ms. Bhawna Garg Ms Sukriti Sehgal
Motivational Workshop by HT	22-5-23	Ms. Nalini James, HT	All staff members
Embibe Workshop	23-5-23 to 25-5-23	Embibe	Ms. Savita Mehta Ms. Shubhi Juneja Ms. Saumya Sharma
Extramarks Workshop	23-5-23	Extramarks	Ms. Sapna Chugh Ms. V.R. Geetha Ms. Rupinder Kaur Ms. Alka Nagpal Ms. Charu Saxena

<b>Name of the Workshop</b>	<b>Date</b>	<b>Conducted by</b>	<b>Attended by</b>
Awakening Citizen Programme	19-5-23 to 20-5-23	R.K. Mission	Ms. Sapna Chugh Ms. Sanchi Nayyar Ms. Shweta Shukla
Workshop on NCF 2020/2023	20-5-23	CES	Ms. Rajni Devi Rathore
Geometric Enigmas Unleashed	9-6-23	Dr. Amit Bajaj	Ms. Sanju Saigal

## MICROSOFT COURSES

<b>Name of the Course</b>	<b>Date</b>	<b>Conducted by</b>	<b>Attended by</b>
MIEE & Microsoft Showcase Schools  Online with Kamptron	26.05.2023	Microsoft	Ms Bhawna Garg Ms Rajni Rathore Ms Sukriti Sehgal Ms Shashi Sahni Ms Shweta Shukla Ms Jyotsna Shrivastav Mr Virender Kumar Ms Savita Mehta Ms Rupinder Kaur Ms V R Geetha Ms Charu Saxena



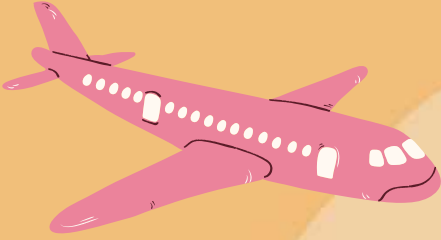
# MORNING ASSEMBLY SCHEDULE

S.no	Date	Class	Theme
1)	12.4.23	VII A	Welcome Of The New Session, World Earth Day
2)	26.04.23	VII B	Sustainable Growth: A step towards Clean Energy
3)	3.05.23	VII C	Buddha's Discourse on Education Buddh Purnima
4)	10.05.23	VII D	Celebrating Tagore's Ideas of Education
5)	17.05.23	VII E	Advancing Digital Literacy

## PICNICS AND EXCURSIONS

Class/ Sec	Date	Venue	No. of students	Teacher Escorts	No. of Days/ Nights
VI-VIII	21.05.23- 24.05.23	Nainital	76	5	3 Days 3 Nights

NEW HORIZON



**BRUISING PASSPORTS**  
**TRAVELLING THROUGH TIDES AND**  
**TRAILS**  
**TRAVEL DIARIES**  
**Of**  
**MIDDLE DEPARTMENT**  
**Staff and Students**





# It's all about Goa!



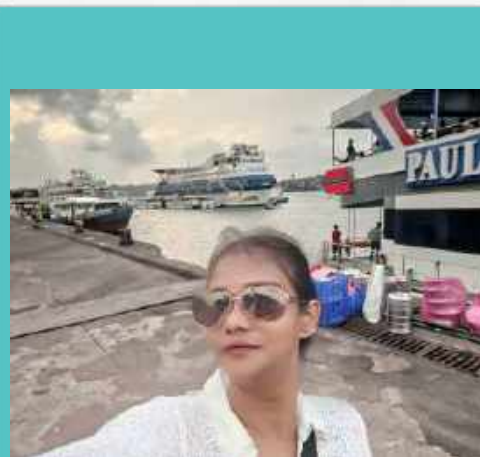
Sun, sand and sea- these three elements literally summarize my experience of Goa ,the place I visited this summer along with my family . June is considered as an off season for Goa but this didn't deter the spirit of large number of people who chose this beautiful beach destination of India for their travel making it very profitable for tourism industry . After de embarking at the Dabolim airport, it was an hour of mesmerizing drive to hotel Radisson, our abode for the next four days. Post check in ,we booked a rental cab to execute our travel plans during our stay . Goa has a very organised and tourists friendly system in place for the same . We visited many beaches at different times of the day .To my pleasant surprise, they were pristine with their golden sand and clear blue water and truly breathtaking.

One of the highlights of our trip was the visit to Fort Aguada. Situated on a hilltop overlooking the Arabian Sea, the fort offered spectacular panoramic views. We explored its ancient walls and learned about its rich history. The glaring sun and humid weather were playing a spoil sport but then local shops selling umbrellas and hats equipped us better to brave it. Goa is famous for its shacks and eating joints, and we made sure to indulge our taste buds. We visited some of the coolest shacks along the beaches, where we savored mouth watering delicacies.The laid-back ambience of these shacks, with their vibrant colors and chilled-out music, created the perfect setting for a memorable dining experience.

Being an off season ,water sports were restricted at only Panjim .We tried our hand at jet skiing, parasailing, and banana boat rides.The ferry ride ensured full entertainment with music ,food and drinks on board. Another thing Goa boasts of is it's vibrant nightlife. We tried our luck at the casinos, enjoying the lively atmosphere with breathtaking performances and gourmet food. We left Goa with a happy heart, incredible memories and a longing to return to its enchanting shores soon again.

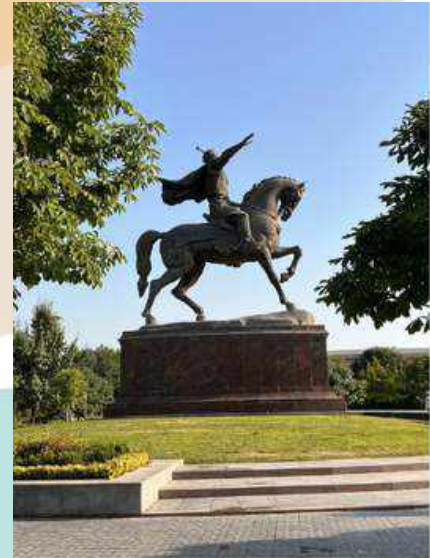


**TGT Computer  
Science**



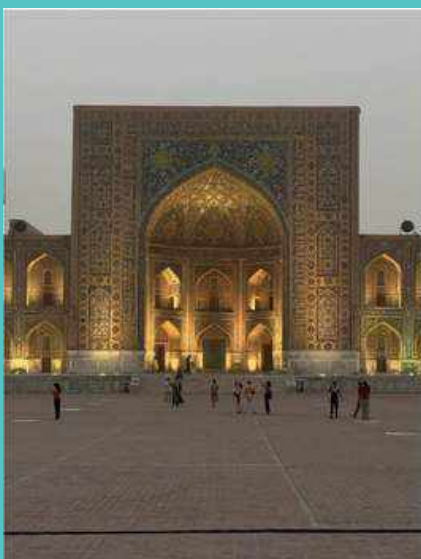
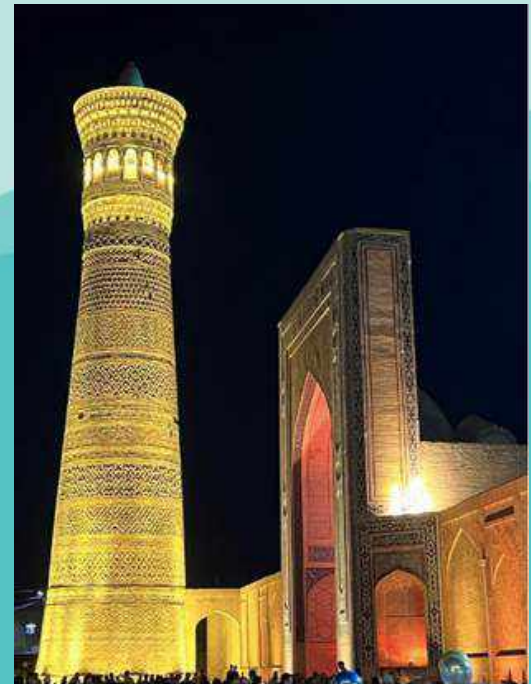
# The Silk Road: A 1400 year journey of Exchange through Time and Space

I recently had the opportunity to travel to Tashkent, Bukhara, and Samarkand, three of Uzbekistan's most ancient and historically significant cities also known as Land of Taimur along with Almaty, capital of Kazakhstan. Statue of Taimur



Tashkent, the capital of Uzbekistan, is a modern city with a rich history. It was founded over 2,000 years ago and has been a major trading center along the Silk Road for centuries. The city's architecture reflects its diverse history, with both traditional Islamic and Soviet-era buildings.

Bukhara is a UNESCO World Heritage Site and one of the oldest continuously inhabited cities in the world. The city is part of the great desert of Uzbekistan, marked by ancient trading domes still standing intact. The weather was scorching hot during daytime followed by very pleasant evenings. It was a major center of Islamic learning and culture in the Middle Ages, and its many mosques, madrasahs, and caravanserais bear witness to its rich history.



Samarkand is another UNESCO World Heritage Site and one of the most important cities in Central Asia. It was founded over 2,500 years ago and was a major center of the Silk Road. Their language has so many similarities to our language. The food and hospitality is amazing and these traits must have helped its trade relations in ancient times. The city's most famous landmark is the Registan, a square surrounded by three stunning madrasahs.



I was amazed by the beauty and history of these three cities. They are truly a testament to the rich and diverse culture of Uzbekistan. Here are some of the highlights of my trip:

Visiting the Registan in Samarkand, one of the most iconic squares in the world.

Walking through the ancient city of Bukhara, with its winding streets and beautiful mosques. Learning about the history of Tashkent, from its origins as a Silk Road trading center to its role as the capital of Uzbekistan today.

Sampling the delicious food of Uzbekistan, from plov (rice pilaf) to samosa (meat pies). We visited Shaharesabz, the village of great Taimur.



The last stop of our vacation was at Almaty, formerly known as Alma-Ata, is the largest city in Kazakhstan and its former capital. It is located in the foothills of the Trans-Ili Alatau mountains, at an elevation of 700–900 meters. It is the center of commerce, finance, culture, and education in Kazakhstan.

Almaty is a beautiful city known for its lovely cafes and lush green surroundings, vibrant culture, and diverse attractions. We visited the Central Park, a large park with gardens, fountains, and Almaty lake. Whether you're interested in history, culture, nature, or just a great place to live, Almaty is a great place to visit. We spent 3 days here, enjoying the weather and appreciating the natural beauty and snow clad mountains. Great shopping destination indeed.

It was an amazing experience to visit these two countries which were once the most prosperous destinations of silk road history and a bridge between East and West Asia



**Ms Rupinder Kaur**

**TGT**

**Social Science**



# Creating Memories

## From Beaches to Mountains

By: Ms Nidhi Bajaj



*Goa*  
With Sisters

*Himachal*  
With Family



Sisters, together at sunset,  
Watched the sky turn to flame.  
We were one, at that moment,  
No matter what life threw our way.

It was the perfect vacation,  
A time to relax and bond.  
With my kids and husband,  
I felt truly blessed.



We spun and twirled,  
And our arms entwined.  
We were lost in the music,  
And in each other's company.

Dressed in traditional caps of  
Himachal,  
We celebrated Father's Day  
in Theog.  
The weather was pleasant,  
The mountains were aglow.



Maggi on the beach,  
A taste of home and a treat.  
Twinning clothes,  
A bond that's so strong, it  
can't be beat.

Naldhera, a hill station so  
pure,  
With its highest golf course,  
it's a must-do tour.  
The scenery is so beautiful,  
It will take your breath away,  
for sure.



*"Travelling in the company of those  
we love is home in motion."*



# MY JOURNEY TO SAR-PASS



Trekking is the activity of walking long distances on foot for pleasure. People go to various places for trekking, mostly in mountains and jungles. I started trekking two years back. I went to Kheerganga trek and other small trails in the Himalayas. But this time it was a whole new and different experience for me. I enrolled myself in the Sarpass Expedition cum training program. It was thrilling and exciting as well as challenging both mentally and physically. On 25th May, our journey started from Delhi to the Kasol basecamp. Our basecamp was at the height of 5,184ft. After the orientation and cultural program, all the other participants introduced themselves to the group and our group titled SP-30.

Day 2 was our training day, we woke up at 5 am and went for a 3km run followed by some exercise and other physical activities. Then after breakfast, we were called for another training round including a small trek to the uphill for acclimatization.

On Day 3 we were all set to start our expedition from our Kasol base camp to the Grahan Village. We started around 8:30 am, it was a 9km trek from the forest side. After 5km, the trail was getting inclined and we were gaining altitude pretty quickly. At 3 pm, we reached our 1st campsite at Grahan village which was at an altitude of 7,700 ft.

The next morning, we headed toward our next campsite Min-Thach which is at 11,100 ft. The trek was quite moderate and it was mostly uphill through the forest. After reaching the campsite, we witnessed some of the beautiful scenic views. At the time of dusk, we had a great fun evening with other group members, we played games and shared stories and previous trekking experiences.



On day 5, we were all set to go to our topmost campsite. Initially, the trek was smooth and inclined, as we were going up we were slowly reaching the top of the mountain and from there we can see all those trails we covered in the last couple of days and our previous campsites. After lunch, the weather turned around and it was getting difficult to climb up because it started raining and hail storming. The climb was almost 110 degrees, it was tough and challenging but after reaching our topmost campsite i.e. Nagaru campsite which was at 12,700 ft. We faced some tough weather conditions that evening, it was a continuous snowstorm. It was very chilling and hard to spend the night there but we all were aware that the next day we would get our reward. We woke up at 3 am it was all dark and the weather was not that favourable. We all knew that it was going to be a long day and it would throw some more challenges toward us. At 4:30 am we headed towards our first milestone which is Sar-Pass. Through the uphill trail covered with snow and continuous snow storm around us made it very difficult to climb up.

At 7:05 am we reached the top of Sar-Pass, 13,800ft. The sense of achievement and the satisfactory view from there mesmerized all of us. We all knew that it was the moment we all waited for but soon realized that it was the whole journey that made it more special. It was the reward we got after all the hard work, discipline, consistency, and the challenges we faced individually and all together. We then crossed the Sar-Pass and headed to reach the next milestone i.e. Biskeri Top 13,500 ft. We thought that now we need to descend and the Sun came up, the weather seems to be clear it would not that much difficult, but the toughest part was yet to come. After walking on a long stretch of snow, most of us were tired and our energy drained as we were walking for the last 7 hours and we were not halfway through to our last campsite. Just before reaching the Biskeri Top, we need to climb 90 degrees straight up and it was the most difficult part of our whole expedition. After reaching the top now we need to get down from the other side of the mountain. Sometimes to get down from a mountain we need to slide down from it over the snow and that's when the fun part begins. One by one we all started sliding down from it, there were 3-4 long slides and one of them was approx. 1km. After a whole long adventurous day, we reached our last campsite around 6 pm. We trekked almost 14 hours that day and mostly more than 12km on snow. The next day we need to reach our base camp. It was raining heavily that day while walking down through the forest.

That was all very tough and challenging but we learned something that day, when things get tough, the tougher gets going. That also fits into our lives, it would be difficult sometimes, and we'll face challenges, but we will also have fun moments that we'll cherish, but all we need is to keep moving forward to reach our destination, and also enjoy the journey because as it is said "Safar khoobsurat hai manzil se bhi."



**Ms Lakshita Sharma**  
**Special Educator**

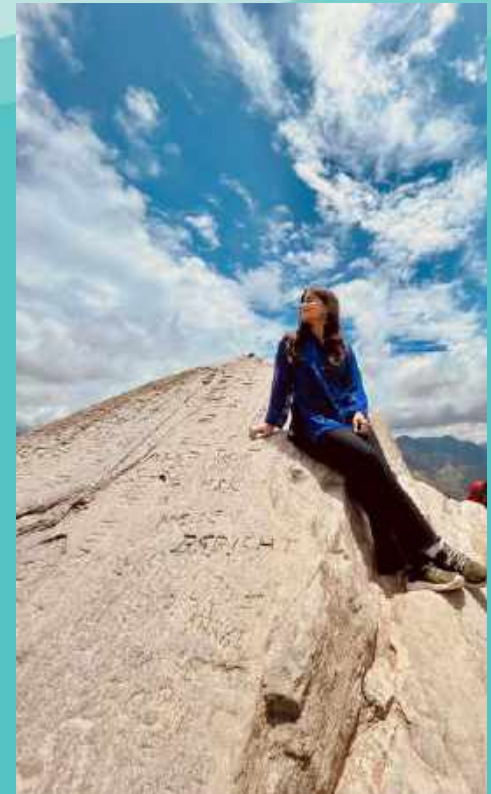




# MESMERISING MUKTESHWAR

“I always imagine myself sitting at the top of the mountain, absorbing the view around, listening to the sweet song of the birds that fly together, forming beautiful patterns. Travelling has been a part of my life or I must confess, I am a part of it.”

This year, I planned to take my family along to experience the enchanting beauty of an indeed religious place, Mukhteshwar, also known as ‘Mukhteshwar Dham’: The land of temples. As per a mythological legend, Lord Shiva killed a demon at this place, granting salvation or Mukti to him. The place is hence believed to be blessed by Lord Shiva and any devotee who comes with utter dedication and faith is blessed with whatever he/she desires. We planned to pay a three -day visit and the surreal experience I had is something for which I may not have enough words. Amidst the peak tourist season, I chose this destination located at an altitude of 2171 metres, quite higher than Nainital. Away from the crowd, into the calmness of nature, surrounded by nothing but unimaginable beauty, Mukhteshwar turned out to be the perfect choice. The beginning of our trip itself was adventurous due to continuous rainfall throughout. It gave us an opportunity to witness the breath-taking weather accompanied by scenic views on the way. Our stay at Mukhteshwar was a memorable one as we got to explore different places including the famous Shiv temple, Chauli Ki Jaali and Bhalu Gad waterfall. Away from the chaos of the city, it was surreal to experience the beauty of nature in its lap, absorbing the serenity around and witnessing spiritual detoxification. The whole trip turned out to be a wonderful experience for me and my family.



# A PERFECT BIRTHDAY!

This summer, I eagerly awaited the chance to embark on a much-anticipated adventure. The previous year's challenges and responsibilities made this vacation trip all the more meaningful. With great excitement, our family planned a journey full of discovery and relaxation, promising an unforgettable experience. As the summer sun beamed down upon us, we set our sights on a destination that promised to be the perfect blend of tradition, modernity, and timeless allure - Bangalore. This city, nestled in the heart of South India, was famous for its beautiful mix of old and new. We couldn't wait to explore it during our summer vacation, expecting to rediscover a familiar city but little did we know that it had so many surprises in store for us! With our plans set in motion, the anticipation grew, and soon we found ourselves on a journey of a lifetime. From the moment we landed in Bangalore, the vibrant energy of the city enveloped us. Oh, how special it was to have my trip to Bangalore planned around my birthday! The excitement of exploring a new city was already bubbling within me, and knowing that I would be celebrating my birthday there made it even more thrilling. During our visit to Bangalore, we had the chance to explore many fascinating places. One of our favourites was the National Gallery of Modern Art, which had an amazing collection of contemporary masterpieces. We were truly amazed by the talented artists' work, both from Bangalore and around the world. As we went from one landmark to another, we got a wonderful picture of Bangalore's diverse identity. The Bangalore Palace was so majestic and full of history, while the Lal Bagh Botanical Gardens offered a peaceful and serene escape from the city's hustle and bustle. We also experienced the contrast between modernity and tradition in Bangalore. UB City's shiny skyscrapers and fancy shops were impressive, and the Manyata Business Park exemplified the city's remarkable technological advancements.

Every step we took, we discovered something new about Bangalore's charm. It's a city where tradition and modern life blend harmoniously, creating a unique and vibrant atmosphere. As our journey in Bangalore came to an end, we were filled with wonderful memories. The experience was enriching, and we developed a deep admiration for this exceptional city. Bangalore continues to evolve while keeping its essence intact, and we left with the essence of its vibrant soul in our hearts. We know that the memories our family made in this extraordinary city will stay with us forever.

**MEDHA GUPTA**  
**VIII B**





# TRAVELLING TREASURE

Travelling to Europe for 28 days was a life changing experience for me and my family. I never thought the mountains, plains, plateaus and rivers of the Alpine region would be so attractive. I explored the regions from books to reality. We had created an itinerary to discover five countries and a specific ten-day stay in Switzerland. My journey started from Geneva in Switzerland and then explored the mountainous regions of Zermatt; beautiful lake regions of Interlaken and engaged in an unforgettable hiking and sky ride experience to Neiderhorn & Mannlichen peaks. The highlight of the Swiss sojourn was the Jungfrau, which is the tallest mountain in Switzerland's Bernese Alps and it's pretty much always covered in snow. I played with snow and enjoyed all the activities there. I learnt new words everywhere and shared them with my friends. I could use a map to find a church and park in the most beautiful village of Lauterbrunnen. Trümmelbach falls and the Rhine Falls were just breathtaking. I saw the Chapel Bridge in Luzern and walked in the old town. Grindelwald mountain activities were just out of the world, especially when done together with family.

I travelled on the Glacier Express from Chur to Andermatt. It went through the Landwasser Viadukt which was an epic and scary movement. I saw the most scenic places and clicked pictures everywhere to keep the memories alive. We travelled to Austria by train and explored the Hallstatt village which is UNESCO's world heritage site. I bought magnets; saw old churches and 16th century houses. Europe is a pollution free continent and people walk and use bicycles. I saw many Indian restaurants and asked people about their life over there.

The best part was the Disneyland experience, the magical land for kids. It had a lot of adventurous rides, maze, train rides, tree houses, shopping areas, eating joints and beautifully decorated gardens. I had taken up the roller coaster rides for the first time and met all the fantastic characters of Disney world in the parade. It was a lifelong experience and I wanted that to go on. Germany was my next halt where I met many Indians and spoke to people in museums, markets and castles. I travelled by a Flix bus and reached Paris after an overnight journey. Well the Eiffel tower gave me the zeal to reach the skies. My parents gave a lot of information about Eiffel who created this wonder for people to visit. People use electric rides everywhere and drink water from public fountains also.

I always wanted to go to Italy and my dream came true when we travelled by a train from Paris to my dream destination Milan. We faced language problems but many Indians helped us reach our apartment. Well we visited Venice after a long four-hour train ride. I relished Italian pizza and ice-cream. I saw old shops, churches, the grand square, painters by the coast and enjoyed the Rialto Bridge sidewalk. I was really comfortable in all modes of transport and learnt to carry my luggage also. Eating different food items like handmade special breads, cheese and sweet pastries in the national parks was also different for me. We packed our bags and crossed the streets of Italy at 4.00 in the morning and reached the airport. Then we flew back to India with many stories and learning together. When I think about it, I now know many skills related to packing, communication, travelling and time management.

Planning for my next trip already.....!

**Aadrit Sharma**

**VI H**

## Top of the Europe



**Hallstatt**

## Paris



## Luzern



# BLISSFUL AMRITSAR



Amritsar, the city of Golden Temple and the heart of Punjab, had been on my travel bucket list for months. Finally, as the summer holidays arrived, I went to Amritsar, that left an indelible mark on my soul. With visions of vibrant culture, mouthwatering cuisine, and spiritual enlightenment, I set foot in this historically rich city. The highlight of my trip was, undoubtedly, the awe-inspiring Golden Temple or Harmandir Sahib. The serene Amrit Sarovar surrounding the temple added to the mystique, creating an atmosphere of peace and devotion. As I joined the throngs of devotees circumambulating the sanctum, I felt a deep connection with the spiritual heritage of Sikhism. To understand the city's history, I visited Jallianwala Bagh, a poignant reminder of India's struggle for independence. The solemn ambiance inside the walled garden, bearing witness to the tragic Jallianwala Bagh massacre, filled me with mixed emotions. Another unforgettable experience was witnessing the electrifying atmosphere at the Wagah Border ceremony. Soldiers from both India and Pakistan engaged in an enthralling display of perfectly synchronized marching, and the lowering of the national flags marked the end of the day. No trip to Amritsar is complete without indulging in the mouthwatering Punjabi cuisine. The local dhabas served authentic flavors that tingled my taste buds. From the delectable Amritsari kulcha paired with spicy chickpeas to the rich and creamy butter chicken, every dish was a gastronomic delight. The lassi, a traditional Punjabi drink, provided a refreshing respite from the scorching summer heat. My visit to Amritsar during the summer holidays was an enriching and spiritually uplifting experience. Amritsar will forever hold a special place in my heart as a destination that offered not just sightseeing but a profound journey of the soul.

**Sanvee Seth**  
VIII E

**FROM HERE, LET'S EMBARK ON OUR  
JOURNEY OF STORYTELLING.  
BECAUSE EVERY JOURNEY IS A  
POTENTIAL ODYSSEY.**



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