

**HOME SCIENCE HOLIDAY HOMEWORK**  
**(2023-24)**  
**CLASS XII**

**ANY ONE OF THE FOLLOWING PROJECTS:**

1. Study of an integrated community based, nutrition/health programme being implemented in own area, with reference to

- a) Programme objectives
- b) Focal Group/Beneficiaries
- c) Modalities of implementation

2. Visit to the neighbouring areas and interview two adolescents and two adults regarding their perception of persons with special needs.

3. Profile any two person (child/adult) with special needs to find out their diet, clothing, activities, physical and psychological needs.

4. Planning any five messages for nutrition, health and life skills using different modes of communication for different focal groups.

5. Market survey any five processed foods with their packaging and label information.