

PRIMARY DEPARTMENT
PUSA ROAD CAMPUS

Advisory on Weight of School Bag

Dear Parents,

At Bal Bharati we have always been concerned not only about the overall development of the children but also their well-being. With the same belief, the school focuses on small details related to the safety, security and health of the students.

Keeping in view the ill-effects of heavy schoolbags on the students' health, all the parents are requested keep a check on their child's bag weight and strictly follow the given guidelines -

- * The school bag should be very light.
- * Students must carry books and notebooks according to the timetable.
- * Music, Dance, GK, Art, Library and V.Ed. books/ notebooks/ files should be kept in the class only.
- * Hard binding the textbooks should be avoided.
- * Students must not carry heavy water bottle & lunch box, fancy pencil box, extra colour box and other stationery items. Pouch can be used instead of box to carry stationery.
- * No child should carry more than one water bottle, as safe and clean drinking water is available in the school for refilling if required.
- * Children should be counselled to put down the bag while waiting for the bus/van and in other such situations.
- * To avoid carrying the heavy skates to school every day, the same can be labelled and kept in the class only.

It has been often observed that some of the children carry extra notebooks (rough / tuition) and books in their bag.

Parents are requested to ensure that their ward does not carry anything in the bag which is not required in the school.

Simple measures and strict vigilance on your part can save your child from any irreparable damage caused by carrying heavy bags at this tender age.

Regards

Reetu Dawar | Headmistress