



**Bal Bharati**  
**PUBLIC SCHOOL**  
GRH MARG, NEW DELHI 110060



BRITISH COUNCIL  
INTERNATIONAL  
SCHOOL AWARD  
2018-2021

## Sagarika Newsline

Middle Department

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**From the Headmistress's Desk**  
**For dear Students, Parents and fellow Teachers**  
**"Perfect is the enemy of good" - Voltaire**



Infancy. Childhood. Adolescent Years. Adulthood. And then Old Age. Each stage is marked by an innate desire to attain perfection and expertise-sometimes self driven or self motivated. And at times overcast by the blinding clouds of jealousy and anxiety. Yet we chase it as a coveted trophy believing that life after securing the same will be a blissful one.

Unfortunately, we forget that perfection is an illusion. The day we feel we have reached the finishing line of this perfectionist track, we see ourselves gearing up for another race and then yet another, thus fortifying the bitter-sweet streak- maybe for self approval, appreciation from parents/elders or for validation from our critics. This self-obsessed journey to be the best, to exceed all expectations and to be loved by more and more may in reality distance one from one's own self. In other words, the path to perfection may become a hamster wheel of life, which keeps running but not reaching anywhere. So perfection becomes a moving target, the unattainable attainable!

The only deliverance is to release a bit of burden of the back-breaking marathon of excellence-for a moment, an hour or a day. Use this time to weigh your inner strengths, discover your new dreams and the ways to achieve them in accordance with your capabilities. Remember, it's OK to make mistakes. Accept yourself with these glorious lessons that life offers. Respect your soul and live gracefully with the good and not so good aspects of your journey.

Last but surely not to be lost, believe in the beauty of imperfection-an upward ladder that bridges you to ultimate happiness!

Poonam Sondhi



### Honours & Awards



#### TIMES EDUCATION ICONS 2019-20

In the Times Education Icons Ceremony 2019-20 (North), the Principal Mr. L V Sehgal was awarded the Certificate of Appreciation for the school being ranked 1st in the Leaders' Category in Central Delhi in the Times School Survey 2019.





## EDUCATION TODAY

In India School Merit Awards 2019-20 by EducationToday.co, the School has been awarded Certificate of Achievement for being ranked 14th at All-India level, and 5th in New Delhi.



## FICCI ROAD SAFETY

### AWARD

The school received a Special Jury Award in the category 'Excellence in School's Initiative in Road Safety' for its initiative 'Safety Club' in the Road Safety Awards 2019 Ceremony organized by FICCI.



## FIT INDIA

The school has been declared as a Fit India School by the Ministry of Youth Affairs and Sports, Government of India. Now the school is entitled to use the FIT INDIA flag and its logo.



## CBSE NATIONAL SWIMMING CHAMPIONSHIP 2019



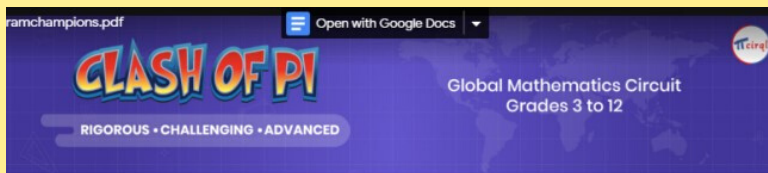
The school won the Overall Championship for the fifth consecutive year in the CBSE National Swimming Championship 2019 held at Gyan Ganga International Academy, Bhopal, Madhya Pradesh. Altogether, the school won 29 Gold, 7 Silver and 5 Bronze Medals in different events.

## CBSE NATIONAL ROPE SKIPPING CHAMPIONSHIP



2019

The school won the Overall Second position in the CBSE National Rope Skipping Championship. It won First position in the U-14 boys and Second position in the U-14 girls in the CBSE National Rope Skipping Championship held at Shree Ram Ashram School, Majitha Road, Amritsar.



## CLASH OF PI WINNERS 2019-20

In the final round of Domain Gauss, the school team achieved a score of 5387 and secured the second position at All India Level. The school team also received 36 certificates of merit for Domain 5 at National and school level. The school team emerged as 'Top Math School' the second at national level in Global Mathematics Circuit out of 900 participating schools. Shivi Jain (VII F) secured the second rank on a nation-wide basis in the Global Mathematics Circuit. She will be felicitated in the Pioneer Awards Ceremony to be held on 5 April 2020 in New Delhi.

National Award Winners for Bal Bharati Public School, Gangaram

#	STUDENT NAME	GRADE	SECTION	RANK
1	Vyom Khetarpal	3	C	1
2	Rishaan Malhotra	3	H	6
3	Ojas Singhal	3	H	17
4	Nevaan Khetarpal	4	A	4
5	Reet Sachdeva	4	D	13
6	Atharva Keswani	5	E	5
7	Kaashvi Sharma	5	F	6
8	Manas Goyal	5	H	12
9	Shivi Jain	7	F	2
10	Samarjeet Singh	12	B	7
11	Tanmay Gupta	12	C	14
12	Armaan Sethi			19
13	Lovenya Jain			20





## STATE LEVEL RANGOLI COMPETITION

Ashmita Malik (VIII A) and Kishika Chaudhary (VI F) got first prize at State Level Rangoli Competition organised by Bharat Vikas Parishad on 22 December 2019 held at DAV Public School, West Patel Nagar.



## STATE LEVEL ENGLISH DEBATE COMPETITION

Manya Soin (VIII G) and Sukriti Shrivastva (VIII D) won the first position at the State Level in English debate competition.



## HONOURS

In All India Online Quiz Competition – Heliodesy, Divyansh Prem of class VI qualified for expedition to Kerala.



## NOTABLE RECONGITION

Delhi Sanskrit Academy honoured six students from the Middle Department with cash prize of Rs 4900 on 4 December 2019.



## SOIL AND SOCIETY QUIZ COMPETITION

A team of five students Suryansh Jain (VIII A), Diya Gupta (VIII B), Devangi Dhawan (VIII B), Anirudh (VIII D), Kriti Yadav (VII B) won the Second prize in the Quiz Competition on “Soil and Society” held at IARI Pusa on World Soil Day.



## ★ STAR ACHIEVER

Vanshika Mudgal of VI H brought laurels to school after securing Second Position in both UTT 81st Cadet & Sub Junior National & Inter State Table Tennis Championship 2019 (16-22 November 2019) and 65th National School Games 2019 -20 Table Tennis Girls U14 ( 5-9 January 2020) held at Vadodara, Gujarat.



## NEW INITIATIVES



## INAUGURATION OF NEWLY RENOVATED MIDDLE LIBRARY

The inauguration of the newly renovated library was held on 5th November 2019. The ceremony was graced by Mr. S K Bhattacharya, Chairman, BBPS Training Centre, Mr. Suraj Prakash, Director, BBPS Training Centre, Ms Rekha Sharma, Advisor, CES and Ms Nanu Rekhi, Advisor, (Montessori) CES. The state-of-art library is well equipped with an interactive board, LED lights etc. along with a Resource Centre with computer aided workstations for the staff. On the occasion, the Principal Mr. L.V Sehgal ceremoniously named the library as ‘Unnayanshala’.



## SCHOOL FUNCTIONS

### VIRSA 2020

An extensive workshop was conducted by Virsa guru Mukesh Gangani at Bal Bharati Public School, GRH Marg on 23 January 2020 in the school auditorium. The workshop featured an amazing performance by the dancer and his troupe which had the audience mesmerized.

This was followed by a detailed teaching session where the students were taught the fundamentals of the dance form by the teacher. The event was graced by other units of Bal Bharati along with Springdales School, Pusa Road and Ramjas School, Pusa Road.

**virsa**  
Promoting Cultural Heritage Through Digital Learning

Another noteworthy feature is that VIRSA plans to impart quality education through digital learning method in Performing Arts to the students of our school in the coming session.



### WINTER CARNIVAL

The school organized Annual Winter Carnival on 15 December 2019 on the theme 'Water World'. The ambience was colorful, full of fun and frolic lit up with beautifully in-house crafted decorations. The theme also spread the message of water conservation through happy tunes.



### CHILDREN'S DAY CELEBRATION

Children's Day was celebrated meaningfully with the objective to take inspiration from the life of Pandit Jawahar Lal Nehru. The spirit of childhood was celebrated to the core when the students made beautiful 'Wall Hangings' and wrote inspirational quotations on Pandit Jawaharlal Nehru. The Executive members of the Parent Teacher Association also distributed biscuits and Frooti to all the students.





## GRAND REPUBLIC DAY CELEBRATIONS

2020



## CBSE & DOE ACTIVITIES

### Technovanza

Bal Bharati Public School, GRH Marg in collaboration with CRISP organised TECHNOVANZA 5.0 on 22 November 2019. It provided a broad learning platform for budding tech buds across twenty schools of Delhi & NCR to exhibit their talent in a plethora of competitions.



### CELEBRATING RASHTRIYA EKTA DIWAS

To promote the ideals and values of Sardar Vallabhbhai Patel among students many activities were conducted. 'Essay Writing Session' was conducted on 23 October 2019. Students of classes VI to XII wrote essays on the topics 'Dream of Free India: Sardar Vallabhbhai Patel' in English and 'Lohpurush: Sardar Vallabhbhai Patel' in Hindi. Besides this, a special morning assembly was held to celebrate Rashtriya Ekta Divas. A pledge was administered to students to withstand the varied threats to the unity of the country. Further, to commemorate the spirit of Ekta Divas, a March Past was carried out by NCC students of the school.



### COMMEMORATING 150th BIRTH ANNIVERSARY OF MAHATMA GANDHI



The School organised varied activities to celebrate the 150th Birth Anniversary of the Father of the Nation. Cleanliness Drive was conducted under Swachh Bharat Abhiyaan Programme to create awareness regarding cleanliness. All students participated enthusiastically cleaning the classrooms and the playgrounds. Letters to Bapu were written by the students as a part of the activity named 'Dhai Akhar-National Letter Writing Campaign'. 103 letters were submitted on 26 November 2019. 'Satvik Aahar Abhiyan' was also carried out from 20 to 26 November 2019 for the students wherein the class teachers emphasized the benefits and advantages of eating wholesome nutritious food. The students enthusiastically presented a skit on Gandhiji's life and principles and participated in 'Padyatra' holding placards to create awareness on health and hygiene. They also led a Peace Rally to highlight the importance of peace and communal harmony.



## FIT INDIA MOVEMENT

The school observed the 'Fit India School Week' in the fourth week of November 2019 as part of nation-wide 'Fit India Movement'. Launched by the Hon'ble Prime Minister of India the movement aims to make physical fitness a way of life. In this regard various activities were planned and implemented. Debate was conducted for class VIII on the theme 'Should we have regular physical education period in school?'. Students of class VII penned essays on 'Fit India School' while those of class VI prepared Posters on 'Fit Body- Fit Mind – Fit Environment'. Besides these, interesting physical activities were organized on 29 November 2019, to boost the momentum of the movement. Additionally, members of the Horticulture Club planted coriander and mint saplings with the guidance of the teacher in-charge and the school gardener.



## HIGH COURT PAINTING COMPETITION

84 students from classes IV-XII participated in the High Court Painting Competition 'Family: Canvas of Love'. Kishika Choudhary(VI F) secured the first position and was felicitated by honourable Ms. Justice Indira Banerjee, Judge, Supreme Court of India on 9 December 2019. Paintings by Kishika Choudhary (VI F) and Atharv Keshwani (V E) were printed in the Table Calendar 2020. The Wall Calendar 2020 reflects paintings by Gargi Kundu (VIII B) and Neharika (VII D).



## INTER DISTRICT CULTURAL COMPETITIONS

Three students of the Middle Department namely Sukriti Srivastva (VIII D), Manya Soin (VIII G) and Vishak Rajendran (VII C) were felicitated at a ceremony held by Directorate of Education at Chhatrasal Stadium on 14 February 2020. They had participated in the Inter District Cultural Competitions, 2019-2020. They were awarded Certificates and Cash Prize.



## INTER-HOUSE COMPETITIONS

### Heel the World (19.11.19)



### Luncheon- Culinary Delight (24.12.19)



### Tete-a-Tete (23.10.19)



### Saluting the Bravehearts (30.01.20)



## ENVIRONMENT CLUB

Twenty students from the Environment Club visited the plantation site "Park and Woodland: Bhooli Bhatiyari" allotted by Delhi Developmental Authority on 13 February 2020 for a Plantation Drive.



## ASTRONOMY CLUB

Six students of Middle Department participated in the Annual Space Art Contest 2020 held on 10 February 2020 at Nehru Planetarium. Ashmita Mallick (VIII A) secured the consolation prize in the age group 13-16 years.



## LITERARY CLUB

An enriching PPT session on 'Benefits of Sanskrit' was held on 23 January 2020 at Unnayanshala. The students learnt about the luminous language, its origin and benefits in the present scenario. They gained an insight into the lives of learned men associated with the language and equipped themselves to reap the benefits of the language in daily routine tasks. The session culminated with a brief chanting of a mantra as a token of reverence to gurus.

## ANNUAL EXCURSION



## SOLAN TRAINING CAMP



## A DEBATE ON SPORTS IN PROGRESS



## NCC CADETS POSING IN PRIDE WITH THE MENTORS



"The function of education is to teach one to think intensively and to think critically. Intelligence plus character - that is the goal of true education."

-Martin Luther King, Jr.

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