

Bal Bharati Public School, GRH Marg

Dear Parent

In wake of the recent coronavirus outbreak, it is imperative that we focus on our preparedness for fighting the disease than dissipate our energy by being scared of the situation at hand. This advisory for parents aims at ensuring safety of all the Bal Bharatians and the community at large.

Signs and symptoms of COVID-19 may appear two to 14 days after exposure. The severity can range from very mild to severe. Although there is no vaccine available to prevent the infection, standard precautions can prove instrumental in avoiding the spread of the virus.

In order to achieve the highest level of effectiveness in tackling 2019n-COV outbreak, the school recommends the following strategies and practices to be followed by the parents:

1. Seek medical attention without delay if you are feeling unwell.
2. Practice frequent hand washing with soap and maintain good personal hygiene.
3. Cover mouth and nose when coughing and sneezing.
4. Do not share food/drinks, eating utensils, toothbrushes or towels with others.
5. Avoid crowded places and close contact with people who are unwell or showing symptoms of illness.
6. Wear a mask if you have cough or a runny nose.

You can find more information on how to protect yourself at the following links:

1. [United States Centres for Disease Control & Prevention Coronavirus page.](#)
2. [Ministry of Health & Family Welfare, Government of India Coronavirus page.](#)

We seek your cooperation and support by adhering to suggested measures. Let us work together to give our children a safe and conducive environment. Stay alert and be safe.