

BAL BHARATI PUBLIC SCHOOL

GRH MARG, DELHI-110060

23 March 2020

MESSAGE FROM PRINCIPAL

Dear Parent

“In times of stress, the best thing we can do for each other is to listen with our ears and our hearts and to be assured that our questions are just as important as our answers”- Fred Rogers

The present state of agony, uncertainty and challenges that we are facing makes us conscious of the inability of human beings to avoid the unexpected. However, as life veers off its usual course and we find newer ways to cope with present reality, we become aware of the inherent human ability to adapt to situations outside our comfort zones. Apart from resilience, this indeed helps us develop newer skills and greater confidence in our ability to adapt to the unforeseen changes.

We, at Bal Bharati, firmly believe that during trying times too, with adequate patience, preparedness and planning we can focus on the things, that are within our control. Presently, we must endeavour to establish significant routines so as to endow our days, and the weeks ahead, with a meaningful structure. Further, try to incorporate into each day, some idea or activity etc. that encourages the children to ideate and be reflective.

Meanwhile, at our end, I'd like to assure you that all the staff members are working diligently at home, collaborating with one another to prepare intellectually stimulating and relevant material to engage students effectively and fulfil the academic objectives, if the schools are required to remain shut further, from 1st April onward. We shall be sharing these details with you, soon.

Additionally, to make up for the loss of teaching days, if need be, classes shall be conducted on Saturdays, along with effecting changes in the vacation schedule.

It is well known that every adversity contains within it the seeds of opportunity and growth. Therefore, at this difficult hour when we are facing an onslaught of environmental, social and emotional challenges, let us, within the confines of our homes rediscover ourselves, reconnect with our children and other family members, and revitalize the bonds of love and mutual trust by spending quality

time with one another. Let children be engaged in story sessions, yoga, indoor games, and varied tasks related to home management etc. for their holistic development and overall well being. Meanwhile, also guide them to utilize this opportunity to explore a plethora of freely available online resources so as to create with them a distinct landscape of learning and joy. I, too, shall be sharing information regarding some of the relevant resources.

To conclude, I'd just like to remind you that tough times do not last, but tough people do...so let us all continue to persevere with positivity and faith.

I pray for your family's good health, well being and happiness.

Warm Regards

Laksh Vir Sehgal

Principal